

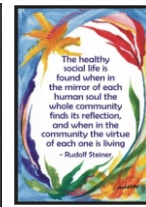
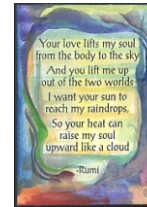
Heartful Art Magnets

ASSISTING PEOPLE EVERYWHERE TO EMPOWER THEMSELVES AND OTHERS

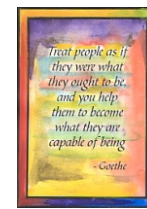
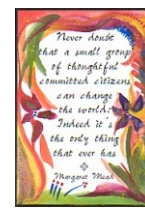
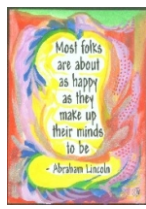
Art by Raphaella Vaisseau ~ 941.993.7001 Fax: 941.237.3944

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- Daring adven (Keller)
- Yesterday is history
- Loving you ... blessing
- One can never consent
- Kind words heal
- Your love lifts (Rumi)
- Healthy social (Steiner)

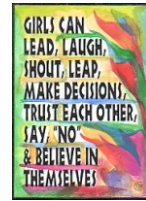


- If we all did (Edison)
- Most folks (Lincoln)
- Keep going (Churchill)
- I love you (red heart)
- Never doubt (M.Mead)
- Treat people (Goethe)
- Remember (E.Roosevelt)



Raphaella's Empowerment Statements:

- Boys can listen, feel ...
- Girls can lead, laugh ...
- Men can ask for help ...
- Women can trust ...
- One person can ...
- People can work together
- We can appreciate ...



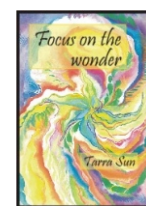
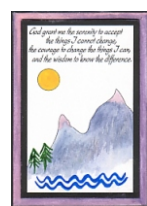
- Children can ...
- Breathe in / out
- Trust your own heart
- See it, risk it, do it
- Keeping agreements
- Be your own hero
- Dance your own dance



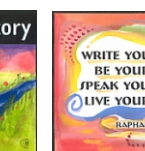
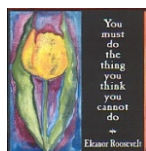
- Love is patient
- In spite of (Anne Frank)
- Dream it real
- It is when you (K.Gibran)
- I am grateful ...
- Shalom to you
- I'm loving being in



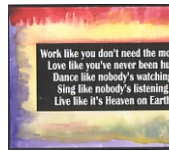
- Keep it simple
- Each day new begin
- Expect a miracle
- Serenity Prayer
- Girls can do anything
- Girls rock
- Focus on the wonder



- You must do (E.Roosevelt)
- Tend your own garden
- Write your own story
- Write own story, etc.
- Butterfly



- Be still & know ... God
- When one door (Keller)
- Work like you don't
- I believe in you
- Keep your face (Keller)



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2x3 MAGNETS

Raphaella's Family poems:

- Mother and Daughter
- Mother and Son
- Father and Daughter
- Father and Son
- Sisters
- Sister and Brother
- Brothers



- It's who you are "I"
- It's who you are "we"
- Obstacles (Henry Ford)
- It is by believing ...
- Wherever you go
- Believe in yourself
- I am accepting myself

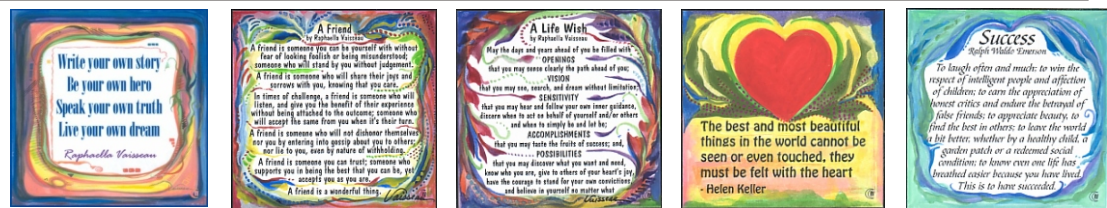


- Reward of a thing
- Open window (Rumi)
- God is in, through ...
- Do not anticipate
- Let go, let God
- A pessimist sees
- Think big, talk little

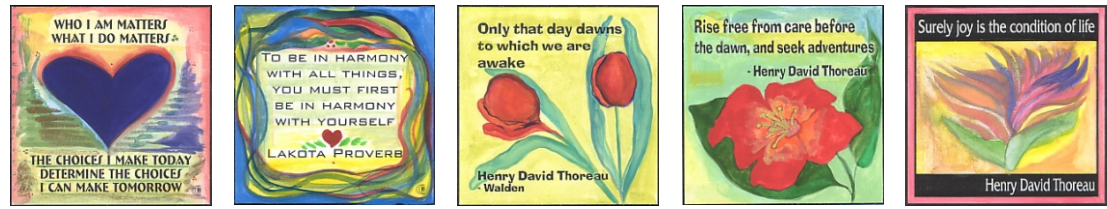


3x3 MAGNETS

- Write your own story
- A Friend (Vaisseau)
- A Life Wish (Vaisseau)
- Best & most beautiful things - (Helen Keller)
- Success - (Emerson)



- Who I am matters 3x3
- To be in harmony
- Only that day dawns
- Rise free from care before the dawn
- Surely joy is the condition of life



- Irish Blessing
- Family Blessing
- Be the change (Gandhi)
- Above all, we cannot afford not to live
- Live the life you've imagined



2x3 MAGNETS

- Believe it into being
- Whatever you can do
- Heart is comforted
- What lies beneath
- Believe Receive
- I'm loving being
- An eye for an eye
- One can never consent
- True happiness
- Dreams are seedlings



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3x3 MAGNETS

- ___ Unity Symbol (recovery)
- ___ NA Symbol (recovery)
- ___ May the long time sun
- ___ Love self healthy/wealthy
- ___ I am ... myself healthy
- ___ Too much ... good thing
- ___ Prayer of Saint Francis
- ___ Blessed ... peacemakers
- ___ This place where you are
- ___ God grant me (4 choices)
- ___ *Abstract (shown)*
- ___ *Rose, blue, lavender*
- ___ *Multicolor floral*
- ___ *Yellow, blue, green*
- ___ Do what you can
- ___ Climb the mountains
(John Muir)
- ___ Come, come (Rumi)
- ___ In our hearts we are
- ___ Every thought is a
prayer (Lewis Mehl-Madrona)



2x3 MAGNETS

- ___ Another glorious day
- ___ Speak your mind
- ___ Carpe Diem
- ___ C'est la vie
- ___ Earth laughs in flowers
- ___ Each moment
- ___ We are bound (EH)
- ___ Breathe deeply
- ___ It does not require
- ___ Greatest strengths
- ___ Expect the best
- ___ Pourquoi pas? (Why not?)
- ___ Heart 1 - green
- ___ Heart 3 - pink
- ___ Clearest way (John Muir)
- ___ Today is the first day
- ___ Be faithful in small
- ___ I am a little pencil
- ___ Every time you smile
- ___ Imagination is more
- ___ Never get so busy
- ___ I am taking care
- ___ What would you do
- ___ God is good
- ___ Miracles ... happen anyway
- ___ Unfold your own myth
- ___ I am that I am



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Henry David Thoreau

THOREAU 2x3 MAGNETS

- ___ Go confidently
- ___ Advance confidently
- ___ Time is but the stream
- ___ This world but canvas
- ___ Live the life
- ___ If a man does not keep
- ___ Heaven (earth)
- ___ What a man thinks
- ___ Those same stars
- ___ We must learn to
- ___ To be awake
- ___ Goodness is (hearts)
- ___ Rather than love (wc)
- ___ Could a greater miracle (wc)
- ___ Keep on your own track
- ___ No face - truth

HORIZONTAL:

- ___ I know of no more
- ___ Goodness is (photo)
- ___ Rather than love (photo)
- ___ If I am not I (2x3)
- ___ Heaven under (flowers)
- ___ Simplify, simplify
- ___ Be resolutely
- ___ Could a greater miracle
- ___ All change is a miracle
- ___ In short, all good (2x3)



THOREAU 3x3 MAGNETS

- ___ Above all, we cannot
- ___ Do a little more
- ___ However mean your life is, live it
- ___ If I am not I (3x3-abs.)
- ___ If I am not I (3x3-heart)
- ___ I learned this
- ___ Live the life (3x3-heart)
- ___ Only that day dawns
- ___ Rise free from care before the dawn
- ___ Surely joy is the condition of life
- ___ In short, all good (3x3)
- ___ Such is beauty ever
- ___ If you have built
- ___ It is never to late to give up our prejudices



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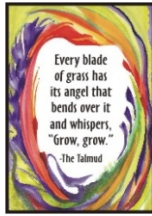
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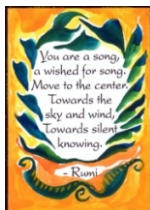
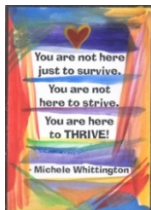
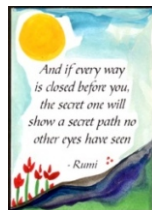
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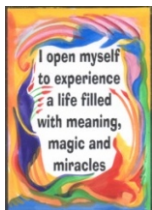
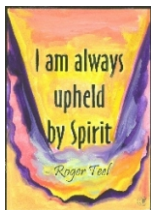
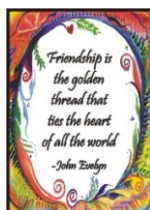
— Follow your bliss
— There came a time
— Life you live - lesson
— Every blade of grass
— Friend, our closeness
— Envision Create
— Bidden or not bidden



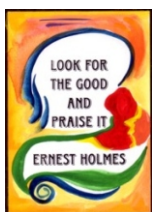
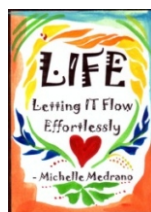
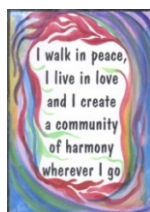
— Ask Believe Receive
— If every way is closed
— Wherever you stand
— Within every challenge
— You are not here
— You are a song
— Your wish - my command



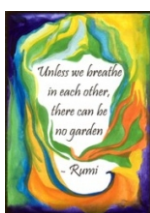
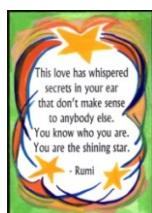
— Friendship - golden thread
— God is good - all the time
— How you respond to life
— I Am (Liesa Leggett Garcia)
— I am always upheld
— I am loving myself healthy
— I open myself



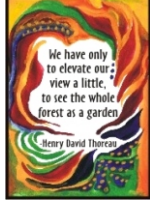
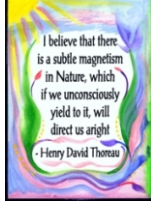
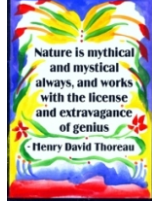
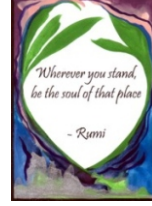
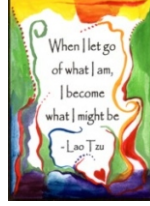
— I walk in peace
— Imagine the possibilities
— LIFE (Michelle Medrano)
— Let the beauty we love
— Let your every step
— Love awakens the heart
— Look for the good (EH)



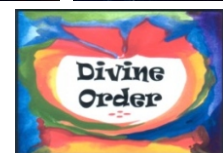
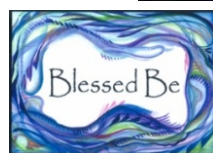
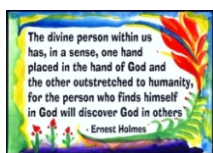
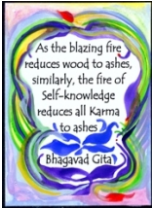
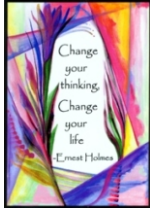
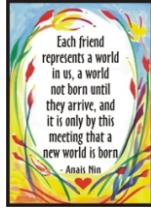
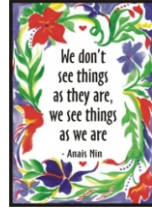
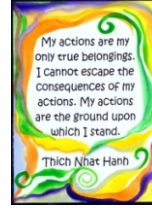
— Music in the soul
— Sufi opens his hands
— Take delight in the Lord
— This love has whispered
— Price of freedom
— Unless we breathe in
— We are the mirror



— When I let go (Lao Tzu)
— Wherever you stand
— Peace symbol
— Nature is mythical
— I believe - magnetism
— We have only to elevate
— Be



— All is well
— My actions (Thich Nhat Hanh)
— Leap and the net .. appear
— We don't see things
— Each friend represents
— Change thinking/life (EH)
— As the blazing fire - Bhagavad Gita
— Go with the flow
— The divine person (EH)
— Life (single word)
— Blessed Be
— Divine Order



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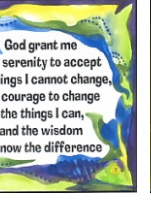
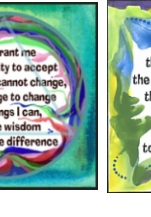
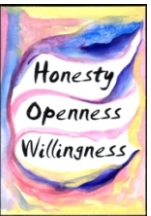
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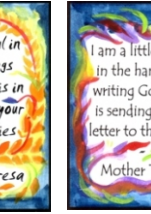
RECOVERY Sobriety MAGNETS

- ___ Change is a process
- ___ This too shall pass
- ___ First things first
- ___ Learn to listen
- ___ Count your blessings
- ___ Easy does it
- ___ Honesty Openness ...
- ___ Relax, God is in charge
- ___ Unity symbol
- ___ NA symbol
- ___ God grant me w/ Unity
- ___ God grant me (yellow/blue)
- ___ God grant me (multicolor)

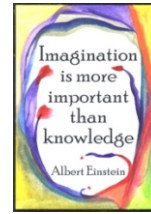
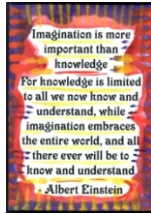
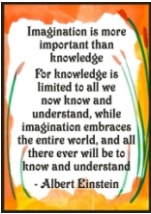
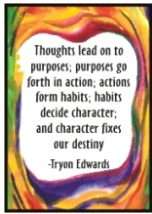


MOTHER TERESA

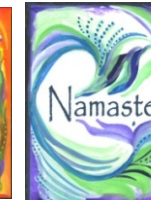
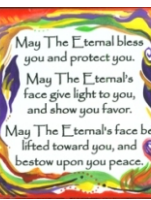
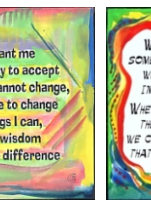
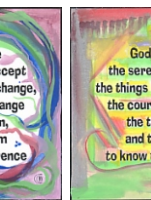
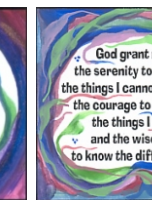
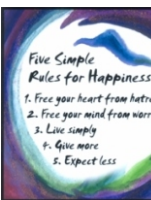
- ___ Let no one come to you
- ___ If we have no peace
- ___ Be faithful in small things
- ___ I am a little pencil
- ___ Every time you smile



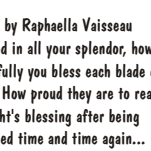
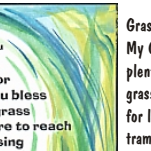
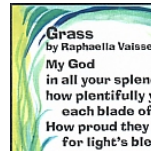
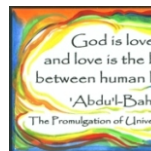
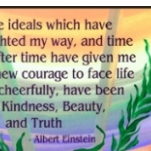
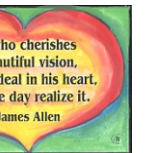
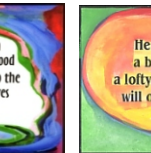
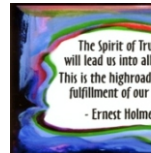
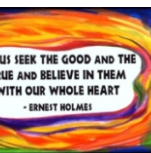
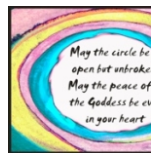
- ___ Thoughts lead on to
- ___ Imagination (long 1)
- ___ Imagination (long 2)
- ___ Imagination - Einstein
- ___ Be in kindness, peace
- ___ Listen with heart and soul



- ___ Five Simple Rules
- ___ God grant me (rose, blue)
- ___ God grant me (abstract)
- ___ When we decide to do
- ___ May the Eternal bless you
- ___ Namaste (single word)



- ___ May the circle be open
- ___ Within us is the unborn
- ___ Let us seek the good
- ___ The Spirit of Truth
- ___ He who cherishes
- ___ Merry meet, merry part
- ___ Baha u llah
- ___ The ideals which have
- ___ Bless this home / family
- ___ A friend is a gift
- ___ God is love
- ___ Be as one spirit
- ___ May God bless you
- ___ Grass poem



Grass, by Raphaella Vaisseau
My God in all your splendor, how plentifully you bless each blade of grass. How proud they are to reach for light's blessing after being trampled time and time again... willingly providing a blanket for the earth's protection and a cushion for a weary soul.

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